

THE ORDER OF SERVICE

✠*Please stand in body and/or spirit.*

Out of reverence for God and respect for fellow worshipers, please silence all electronic devices.

Childcare for children age 3 and younger is available in our nursery (room 210). Please see an usher for more information.

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WELCOME AND ANNOUNCEMENTS

Jill Robinson

Welcome to Trinity United Methodist Church. God's love be in us and among us as we greet all who enter our doors as children of God.

Please take a moment to complete the Connection Card and prepare to place it in the offering plate later in the service.

PREPARATION FOR WORSHIP

Litany

Charles Callahan

✠CALL TO WORSHIP *(from Psalm 85)*

Susan Collins

Let us hear what God will speak,
for the Lord will speak peace to the people,
to the faithful, to those who turn to the Lord in their hearts.

**Surely salvation is very near for those who fear the Lord,
that glory may dwell in our land.**

Steadfast love and faithfulness will meet;
righteousness and peace will kiss each other.

**Faithfulness will spring up from the ground,
and righteousness will look down from the sky.**

The Lord will give what is good,
and our land will yield its increase.

**Righteousness will go before the Lord,
and make God's footsteps a way.**

✠OPENING COLLECT

Jill Robinson

Blessed are you, strong and faithful God:
for your outstretched arm governs
the mighty forces of creation,
and your gentle hand cradles
even the smallest of creatures;
strengthen our little faith, we pray,
and open our eyes to your presence
at every moment of history
and in every circumstance of life,
that we may face with serenity
times of testing and turmoil,
and walk through every storm
toward safe haven and true peace;
with Jesus Christ your Son our Lord,
who lives and reigns with you and the Holy Spirit,
one God, in glory everlasting. **Amen.**

✠HYMN

I Love to Tell the Story

Hymnal no. 156

CONFESSION AND PARDON

Jill Robinson

**Most merciful God,
we confess that we have sinned against you
in thought, and word, and deed.
We have not loved you with our whole heart.
We have not loved our neighbors as ourselves.
In your mercy, forgive what we have been,**

help us to amend what we are,
and direct what we shall be;
that we may delight in your will
and walk in your ways;
through Jesus Christ our Lord. Amen.

(Silence for reflection and confession)

If we confess our sins, God is faithful and just
and will forgive our sins, and cleanse us from all unrighteousness.

In the name of Jesus Christ, you are forgiven!

In the name of Jesus Christ, you are forgiven!

Glory to God. Amen.

TIME WITH YOUNG CHRISTIANS

Jill Robinson

We encourage children to stay and participate in worship. If necessary, however, preschool-age children (those not yet in kindergarten) and younger may go upstairs to the Nursery in room 210. Worship bags for elementary age children can be obtained from an usher.

SCRIPTURE LESSON

Genesis 37:1-4, 19-28

Pew Bible, NT, Page 34

Susan Collins

The Word of God for the people of God. **Thanks be to God.**

ANTHEM

God, Who Stretched the Spangled Heavens
Trinity Ringers

arr. Albert Zabel

SCRIPTURE LESSON

Romans 10:5-15

Pew Bible, NT, Page 160

Susan Collins

The Word of God for the people of God. **Thanks be to God.**

✠GOSPEL ACCLAMATION *(Please sing before and after the Gospel Lesson.)*

Al - le - lu - ia! Al - le - lu - ia!
Al - le - lu - ia! Al - le - lu - ia!

✠GOSPEL LESSON

Matthew 14:22-33

Pew Bible, NT, Page 16

Jodi Capps

The Gospel of the Lord. **Praise to you, O Christ.**

SERMON

“Hearing without a Preacher”

Jodi Capps

✠HYMN

O Sing a Song of Bethlehem

Hymnal no. 179

✠AFFIRMATION OF FAITH

The Apostles' Creed, Traditional Version

Hymnal no. 881

PRAYERS OF THE PEOPLE

Jill Robinson

A pause follows each prayer, which ends with: *Leader: Lord, in your mercy... People: **Hear our prayer.***

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, and the power, and the glory forever. Amen.

INVITATION TO THE OFFERING

Jill Robinson

OFFERTORY ANTHEM

There is a Balm in Gilead
Trinity Ringers

arr. Albert Zabel

✠THE DOXOLOGY

Hymnal no. 95

**Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen.**

✠OFFERTORY PRAYER

Jill Robinson

Blessed are you, God of peace,
for you are kind and generous to all who seek you.
Through these tithes and gifts that we offer,
and in our practice of grateful generosity,
incline our hearts to compassion for others;
through Christ Jesus our Lord. **Amen.**

✠HYMN

We've a Story to Tell to the Nations

Hymnal no. 569

✠DISMISSAL WITH BLESSING

Jill Robinson

✠POSTLUDE

Voluntary in G

Henry Heron

✠ ✠ ✠

The flowers on the altar are given to the glory of God.

Please join us in the Narthex for refreshments and fellowship with our church family.

Today we welcome Jodi Capps as our guest preacher. Jodi and her husband, Alan, have been members of TUMC since 2011. Jodi serves on the Flower Committee, Connecting Team, and is a counter. A resident of the Washington area since 1980, Jodi was raised in Haddonfield, NJ and attended Lehigh University before coming to Washington. She has worked on Capitol Hill since 1989 and before that worked for law firms as a legal assistant. Jodi and Alan have three dogs and a cat that keep them busy. In her spare time Jodi likes to read, garden, make jewelry, and cook. While raised Presbyterian, Jodi has strong Methodist roots as her great-great-grandfather was a chaplain in the Civil War and helped found a Methodist Church in Palatine, IL after he retired as a circuit riding preacher.

Our Discipleship from last Sunday, August 6th

Worship: 100 Offering: \$2,519.00
Weekly Electronic Offering: \$3,145.07

Those Serving at Worship Today:

Counters: Mike Cooley, Richard McKinney
Greeters: Linda Kay Benning, Linda Popovich
Guest Speaker: Jodi Capps
Liturgist: Susan Collins
Pew Duty: John Ploch
Sound: Harley Hopkins

Ushers: Barbara Archey, Deb Barbara, John Lumsden (Head Usher), George Pinn, Alva Smircina

TRINITY'S WEEKLY NEWS

Chancel Choir is on Sabbatical! We invite you to join us as we continue our season of special music. While the Chancel Choir enjoys their sabbatical, we look to you in the congregation to share your talents with us. Solos, duets, ensembles, instrumentalists - all are welcome! If you wish some private coaching or an accompanist, that is also available. And if you are interested in handbells but have never rung with us, we will plan a workshop for interested ringers of all ages. Questions? Contact our Director of Music, Linda Cancellieri at music@trinityalexandria.org.

We need ideas! Is there a person you'd like to have speak at Trinity or a topic you'd love to hear about? We have a few weeks open in this month during our intergenerational forum and we want to know what you want to hear about. Contact Carrie Pritts, at christianformation@trinityalexandria.org or Mary Beth Buchholz at marybeth@freespiritfloral.com with your ideas.

Need to announce something in the Sunday Bulletin or the weekly eTrumpeter? To allow our staff ample time to edit and finish the bulletin, we kindly request that all submissions be received by noon on Wednesday for the following Sunday's bulletin. Please also note that weekly eTrumpeter articles are due Monday each week. If you need a hard copy of the eTrumpeter, have questions, or comments please contact our Administrative Assistant, Jenessa in the Church Office at office@trinityalexandria.org.

The Rev. Tom Berlin's presentation from 2017 Annual Conference on the Commission on a Way Forward as well as his "sugar packet" presentation and his recommended reading are available on the conference website. View under heading "Commission on a Way Forward - Reports from Tom Berlin." The United Methodist Commission on a Way Forward has also released the Rev. Tom Berlin's "Vine and Branches" video in which Berlin shares some of what the commission is working on in regards to the church's unity. Berlin is pastor at Floris UMC in Herndon and member of the 32-member commission tasked by the Council of Bishops to do a complete examination and possible revision to every paragraph of The Book of Discipline concerning human sexuality. For more information: www.umc.org/news-and-media/commission-on-a-way-forward-issues-status-report.

Conference videographer shares favorite pictures from AC 2017 - In his "Through the Lens" blog, conference videographer Nick Ruxton shares his favorite photos from AC 2017. To read Nick's blog, visit: www.vaumc.org/Videographer and see pictures from this year's Annual Conference.

The Secret to Forgiveness: Focus Within

Forgiveness is hard. United Methodists know we ought to be forgiving people. The Bible instructs us, "As the Lord forgave you, so also forgive each other," (Colossians 3:13), but that is often much easier said than done. Letting go of resentment can be difficult.

For those longing to come to a place of forgiveness, Joshua Bynum, clinical director of the Methodist Counseling Center in Boise, Idaho, recommends two things. First, we should examine ourselves to identify the harm done to us. Then, we work to change that which we control.

He often asks clients to describe the physical sensations in their bodies when they think about the person or situation that harmed them, rather than talking about emotions.

"The words fear, anger, sadness, and others, are symbols that represent or symbolize a physical feeling," he explained.

Those sensations are unpleasant, so we avoid stimuli that bring them on. We dodge the person who hurt us. We refuse to think about what happened. We pretend, and say everything is okay when it isn't.

Forgiveness, however, requires entering those uncomfortable feelings to arrive at a place of healing on the other side.

When one holds a grudge, "the focus is very much on that other person," Bynum said. We want them to apologize, to show remorse, to recognize that they hurt us. Then we will forgive them, we say.

Bynum instead encourages us to turn our focus inward because "the only person who has any control over whether or not I let go of resentment, is me."

This may sound like we are letting the other person off the hook. We're not. Instead, we are choosing to turn our attention toward things we can change in ourselves and letting go of that which we cannot change in the other person.

"There are things I can do to forgive another person that include interacting with that other person," Bynum said. "I may be able to go and tell them why I have a resentment against them—what I feel they did wrong and what I'm trying to deal with—and maybe that would be helpful."

Forgiveness is about addressing the hurt within, and that work is not dependent upon anyone but us. Forgiveness requires a difficult, inward journey, but as people of faith we know God travels with us.

Letting go of resentment is not easy. The journey can be long and unpleasant. A counselor like Bynum can be a helpful guide along the way.

"It's very difficult sometimes to do this work," Bynum concluded. "That's why it takes a little bit of time."

To read the full article, visit www.umcom.org.

~ United Methodist Communications



FALL KICK OFF

Sunday, September 17th @ 11 AM ~ Ft. Ward Park

ALEXANDRIA DISTRICT UNITED METHODIST WOMEN

SPIRITUAL LIFE RETREAT

SATURDAY, SEPTEMBER 9, 2017
12:30 PM - 3:30PM

Praying Today with Teresa of Ávila

Led by Dawn Keeler, OCDS
Lay Member of the Order of Carmelites



*Del Ray United Methodist Church
100 E. Windsor Avenue
Alexandria, VA 22301*

Cost: \$12 - includes a light lunch. (make check payable to Alexandria District UMW)

Register by mail. Send **Name, Church/Unit, Email** to:
Candace Means, 4500 Massachusetts Avenue, NW, Box 204,
Washington, DC 20016

Register by e-mail and pay at the door:
prayalways@meansofgrace.blog

HELP MAKE

FRIDAY THE 13TH



A LUCKY DAY FOR SOMEONE WHO NEEDS YOU

SAVE THE DATE

FRIDAY, OCTOBER 13, 2017

Support & Celebrate the
Mission of Rising Hope

Hope
Grows
GALA

TRINITY'S SAVE THE DATES

August 26th: Faith Day at National's Park: To RSVP email: christianformation@trinityalexandria.org

September 4th: Trinity UM Church Office closed in observance of Labor Day.

September 17th: Fall Kick-Off ~ Worship and Picnic lunch in Ft. Ward Park. Bring a friend!

October 9th: Trinity UM Church Office closed in observance of Columbus Day.

November 5th: All Saint's Sunday with Special Music Offering during worship. Daylight Saving Time ends

November 17th: Trinity UM Church Office closed in observance of Veterans Day.

November 21st: Thanksgiving Interfaith Worship service

November 23rd & 24th: Trinity UM Church Office closed in observance of Thanksgiving.

December 3rd: Annual Christmas Luncheon

December 10th: Annual Christmas Music Program during worship.

December 24th: Christmas Eve
~ Family Service and Children's Pageant
~ Service of Holy Communion and Candlelight

December 25th: Trinity UM Church Office closed in observance of Christmas Day.

December 31st: New Year's Eve

January 1st: Trinity UM Church Office closed in observance of New Year's Day.

The Welcome Statement of Trinity United Methodist Church is:

"Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me." Matthew 10:40

Trinity United Methodist Church is committed to be a congregation of Open Hearts, Open Minds and Open Doors. We believe all people are of sacred worth and dignity as part of God's creation and as demonstrated by the life and ministry of Jesus Christ. As God's love extends to all, we welcome everyone without exception, regardless of age, race, ethnicity, gender, family structure, socio-economic or marital status, sexual orientation, gender identity, physical or mental ability, faith history or life experience. We recognize that we are all different, and those differences make us a stronger community of faith as we worship together to grow in our relationship with God and one another.

The Mission of Trinity United Methodist Church is:

Building a strong Christian community to find, share, and celebrate the love of Christ in our hearts, neighbors and our world.

THIS WEEK AT TRINITY

Sunday	08/13/17	Tenth Sunday after Pentecost
	9:30 AM	Light Breakfast and Fellowship (Fellowship Hall)
	9:45 AM	Rise and Shine Intergenerational Forum (Fellowship Hall)
	11:00 AM	Worship (Sanctuary)
Monday	08/14/17	
	7:30 PM	Finance Committee Meeting (Parlor)
Wednesday	08/16/17	
	6:00 PM	Centering Prayer (Sanctuary)
Sunday	08/20/17	Eleventh Sunday after Pentecost
	9:30 AM	Light Breakfast and Fellowship (Fellowship Hall)
	9:45 AM	Rise and Shine Intergenerational Forum (Fellowship Hall)
	11:00 AM	Worship (Sanctuary)
	5:30 PM	Youth Group (Fellowship Hall)



Trinity United Methodist Church

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Monday - Thursday 9 AM - 5 PM | Friday 9 AM - 2 PM

Find us on the Web: www.trinityalexandria.org | Facebook: *Trinity UMC-Alexandria*

Trinity United Methodist Church Staff

Resident Bishop
Alexandria District Superintendent
Pastor
Director of Music
Director of Christian Formation
Administrative Assistant
Head of School, Trinity Preschool
Office Manager, Trinity Preschool
Nursery Supervisor
Nursery Assistant
Buildings and Grounds
Accountant

Bishop Sharma D. Lewis
Rev. Jeff Mickle
Rev. William A. Davis, Jr.
Linda Cancellieri
Carrie Pritts
Jenessa M. Stokes
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